



Am Bàrd

Homemade Soup of the Day

served with sourdough bread or cheese & seaweed scone £4.95

Homemade Quiche of the Day

served with salad leaves & homemade coleslaw £7.95

Open Sandwiches

served with salad leaves & our homemade coleslaw £7.50 - £8.80

Hot Smoked Salmon £8.80

Hot smoked salmon, avocado, horseradish cream, beetroot & dill served on sourdough bread.

BLT £8.50

Bacon, lettuce, tomato and mayonnaise served on sourdough bread.

Prawn Cocktail £8.80

Prawns, marie rose sauce, salad leaves, beetroot and dill served on sourdough bread.

Roasted Vegetables with
Homemade Hummus £7.50

Vegetables roasted in Cullisse Rapeseed Oil, Am Bàrd hummus and salad leaves on sourdough bread or vegan beetroot bread.

Toasties

served with salad leaves & our homemade coleslaw £6.95 - £7.50

Black Pudding & Macaroni Cheese £7.50

Local Black Pudding (Ritchie's of Aultbea) and macaroni cheese

Ham & Cheese £6.95

Smoked Ham, Cheddar Cheese on Sourdough Bread.

Roasted Veg & Mozzarella £6.95

Mozzarella cheese & a selection of vegetables roasted in rapeseed oil

Baked Potatoes

served with salad leaves & our homemade coleslaw

Scottish Prawns in marie-rose sauce £7.95

Local Black Pudding or Haggis (Ritchie's of Aultbea)
in Cheddar Cheese £7.95

Hot Scottish Smoked Salmon
with a drizzle of Horseradish cream £8.25

Homemade Am Bàrd Hummus & roasted vegetables £7.25

Kids Meals

A wee tasty soup with bread £2.50

Cheesy Toastie £ 2.50

Am Bàrd Mac & Cheese £4.50

Please speak to our friendly staff with regards to any allergies or intolerances.